# 100 - Themes and Issues

### **Death and Dying**

When ideas for the play were originally conceived, the ideas of death and dying were always going to be at the heart of it. The play focuses around this idea that we should be re-evaluating our lives before it's too late and focusing on what is really important. Each of the characters are forced to do that before they can enter eternity and each of them realises that the priorities in their lives were not focused on what was important.

### What is essential?

Linked to the previous theme, the play wants the audience to stop, step out, look at our lives and reconsider our choices. Each of the characters' stories highlight this theme, particularly Sophie's, whose life has revolved around work. At the end she realises how hollow her achievements actually are.

# **Honesty**

For some people, honesty with oneself is impossible and the consequence can be devastating. Alex and Nia, lovers in life, but unable to reveal their true feelings for each other. By the time they realise the truth it is too late. Sophie's memory reveals "...at that moment... I knew who I was" but throughout her life she has lost sight of this and now it's too late.

#### **Memories**

The play revolves around our memories that shape us and give structure to our lives and ultimately reveal who we really are and how our past has shaped us. By choosing one key memory, each of the character's lives, backstory and how it shaped them is brought into sharp focus.